CLINICAL EXCELLENCE. MEASURABLE OUTCOMES.

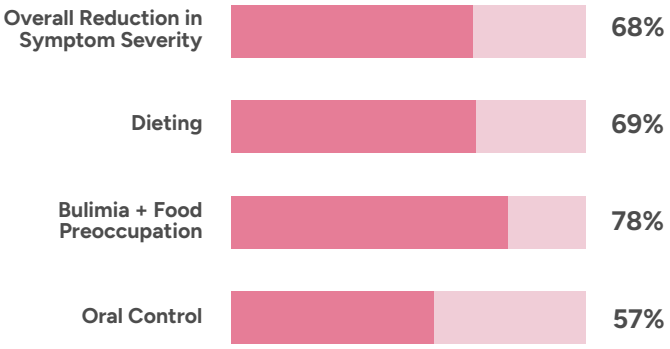
At Magnolia Creek, clinical excellence isn't a standard we aspire to — it's the foundation on which every program is built. Our credentialed, multidisciplinary teams deliver individualized treatment that integrates evidence-based modalities with holistic care, meeting each client's clinical complexity with precision and compassion. The outcomes reflected in this report are the direct result of that commitment, and of the clients who trusted us with their care.

Magnolia Creek
TREATMENT CENTER FOR EATING DISORDERS

2025 CLINICAL OUTCOMES

2025 | MAGNOLIA CREEK RESIDENTIAL (EAT-26)

The EAT-26 is a validated self-report screening instrument used to measure symptoms, behaviors, and attitudes associated with eating disorders.



PROVEN RESULTS OVER THE YEARS

Magnolia Creek provides structured, evidence-based eating disorder treatment for adolescents and adults, integrating medical care, clinical therapy, nutritional counseling, and family support to build a strong foundation for long-term recovery.

5-Year Overall Reduction Average

↓ 69%

Adult Residential Services

4-Year Overall Reduction Average

↓ 59%

Adolescent Residential Services

(EAT-26)

2025 | ODYSSEY RESIDENTIAL + OUTPATIENT (EAT-26)

Odyssey Behavioral Healthcare advanced the development of a unified nutrition model in 2025, an evolving, outcomes-driven philosophy that continues to strengthen clinical results across its programs.

2025 Overall Symptom Reduction

↓ 52%

Residential Services
Adults

2025 Overall Symptom Reduction

↓ 65%

Residential Services
Adolescents

2025 Overall Symptom Reduction

↓ 48%

Outpatient Services

SUBSTANCE USE SYMPTOM REDUCTION

Magnolia Creek treats co-occurring substance use disorders alongside eating disorders. Over the past 5 years, it has far outpaced the national average of 44%, achieving a reduction in substance use symptoms among clients served by

↓ 77%

(BASIS-24)

WHAT OUR CLIENTS SAY

Voices from Our Community

"My time at Magnolia Creek was exactly what I didn't know I needed. The decision to go to treatment was difficult, but the staff was eager to help and support me in any way that they could. My dietitian referred me because several of her clients had the most success with Magnolia Creek. After discharge, they continue checking in and provide alumni support, which is huge! I'd recommend Magnolia Creek to anyone who is looking for further support in recovery from an eating disorder."

— Grateful Alum
Magnolia Creek

CARE INFORMED BY RESEARCH + TRAINING

Magnolia Creek uses a comprehensive battery of clinical outcome measurement tools to track progress, assess treatment effectiveness, and refine care in real time. Grounded in current research, these tools provide objective insight across eating disorder, mental health, and substance use treatment, enabling the clinical team to adapt, optimize, and deliver the highest standard of care for every client.

eBASIS

BPRS

eat26 EATING ATTITUDES TEST

2025 | ODYSSEY RESIDENTIAL + OUTPATIENT

CLIENT DEMOGRAPHICS + DIAGNOSES

Odyssey Behavioral Healthcare's eating disorder programs provide residential and outpatient treatment for adults and adolescents of all genders. Each treatment plan is built around the individual, integrating evidence-based therapies, medical support, and clinical attention to the physical, emotional, and behavioral factors that drive disordered eating.

1,107
DISCHARGES

81%
ADULTS

19%
ADOLESCENTS

CLIENT DISORDER BREAKDOWN	PRIMARY DIAGNOSIS
Anorexia nervosa	42%
Other specified feeding or eating disorder (OSFED)	34%
Bulimia nervosa	7%
Avoidant/restrictive food intake disorder (ARFID)	7%
Unspecified feeding or eating disorder (UFED)	5%
Binge eating disorder	4%
Other	1%

Note: Percentages may not equal 100% due to rounding.